

So Just What is Play the Game! All About?

The concept of Play the Game! was hatched and developed mostly through discussions with college freshmen about what it takes to be successful in college classes. The basic premise comes from the fact that college professors (all teachers in fact, no matter the educational level) and all classes have a game with a set of rules (in fact, college itself is a game with a set of rules).

Most of the rules are not written down, but they exist in every class whether the teacher is aware of them or not. The rules are what the teacher thinks are the most important things in that class. The rules are the instructions on how to play that teacher's game.

Just like any other game (football, monopoly, chess, etc), to be good at playing the game, you first learn the rules and instructions.

Student's must learn the rules of the game (class) as quickly as possible and then play the game by the rules. The better a student learns the rules and plays the game, the more successful he or she is in the class, the more he or she will get from the class and the class will be easier and more fun in the process.

For example, some teachers value work ethic most. So, to play their game, student's must work extra hard in that class. Some teachers value intellect most. To play their game, students must study hard, learn a lot, and prove it on tests.

Playing the game is sometimes very hard work and it always takes conscious effort and a desire to succeed. Some choose to rebel and not play the game, but all that does is make it even harder. There are just not many positives that come from rebelling against the game.

The Play the Game! concept works so well in promoting success in college that it doesn't take much of a stretch to realize that the concept is easily transferred to other areas of life.

Sports come to mind readily at mention of Play the Game! In fact, sports have always been handy to use as analogies for many things in life. With sports games it's easy to see the rules (they're written down) and of course playing the game is what sports are all about anyway.

But to go further with the idea, every relationship we have with every person we know also has a set of rules and a game we have to play if we value that relationship.

Every job is the same.

In fact, just about everything we do has a set of rules and a game we must play.

Life itself has a set of rules and a game. So, to be successful (just like in every other game) we must learn the rules and play the game!

Play the Game! begins to illustrate some universal rules of the game of your life. Though no book could ever fully list all the rules, Play the Game! offers a generic outline to be used as a seed in the development of anyone's game, especially teenagers and young adults (but everyone else too).

Play the Game! will make you conscious of the game of your life. It will get you thinking about and playing the game of your life and that is the first step to greater success and more fun in life.